## Southborough and District Wheelers Member Offers

The following member offers are exclusive to paid-up members of the Southborough and District Wheelers.

Members should be prepared to evidence membership on request with their physical membership card, a printout of their digital membership card available in <u>Member Mojo</u> or their membership renewal confirmation email.

New offers will be added over time and existing offers may be subject to change or withdrawal.

Note: Some offers may not apply to sale or already discounted items or conjunctions with other discount codes.

Please contact <u>benefits@southborough-wheelers.co.uk</u> if you experience any issues in redeeming any offers or would like to propose new offers.

Partner	Description	Discount	Redemption
Cycling Offers			
Æight Bike Company	The ÆIGHT BIKE CØMPANY is a cycling collective providing full pro-level support for riders of all types with custom bikes that are always ready, wheels that are meticulously built for the individual, constant rider care and massage, all the latest upgrades, training advice and race support. Withyham, Sussex <u>https://www.aeightbikeco.com/</u>	5% off Precision Service and Race Prep Labour. 10% off Standard In-Stock Parts (5% off Special Order Parts). 5% off Bespoke Frame Builds.	Contact Glen Whittington to discuss your aeight Bike service or build. eightbikeco@gmail.com 07541725606
Condor Cycles	London's leading road cycling emporium. With 60+ years of history, know-how and quality goods, not many British manufacturers can claim to be winners of both the National Criterium and National Road Race title in the last decade. Gray's Inn Rd., London <u>https://www.condorcycles.com/</u>	10% discount on most products. Note: Some online products may be excluded from use of discount codes.	Please contact <u>benefits@southborough-</u> <u>wheelers.co.uk</u> for the code to apply at checkout



CycleOps CYCLE-OP5 Tonbridge Kent	With a wide range of carefully chosen bikes, clothing and accessories from leading brands, experienced staff and professional mechanics - our aim is to help you find the right kit, to get the best out of your cycling. Tonbridge High Street, Tonbridge <u>http://www.cycle-ops.co.uk/</u>	10% discount (may not apply to sale items)	Show your SDW Membership card in store
Dirty Dan's Mobile Bike Mechanics	Dirty Dan's Mobile Bike Mechanics offers mobile bike servicing throughout East Sussex and West Kent. Forget the headache of taking your bike to a shop as we come to you. We can service your bikes at your home or place of work, or alternatively we offer a click and collect service, where we pick up your bike service it at our workshop before delivering it back. You can book your service on our booking page at https://www.dirtydans.co.uk/	10% discount on all servicing	Show your SDW Membership card or proof of SDW membership
Evernden Cycles	Evernden Cycles is a trusted expert local cycle store. We are passionate about customer service, always there for you when you need help and advice. We want to ensure you always take home the right product for your cycling needs whether that's a new bicycle, cycle clothing, shoes and clip-in pedals, or, maybe some decent lights to guide you in your cycle commute home during the winter. Paddock Wood, <u>https://www.everndencycles.co.uk/</u>	10% on parts, accessories, clothing helmets and shoes purchased over the counter	Show your SDW Membership card in store
FIETS HUIS	Pete is an experienced Cytech master technician and supports all types of servicing, build and repair from your race	Pete is offering SDW members 10% off and a Free Dutch Hydration Pack on all servicing,	Simply share your SDW Membership status when making

BUILD SERVICE REPAIR	bike to your Eroica special or even the latest e-bikes. He also provides great Dutch coffee and stroopwafels! Drop in to his smart new workshop at the Old Post Office in Penshurst Village to say hello or book in your bike via <u>https://www.fietshuis.com/</u>	builds or repairs on evidence of SDW membership (card or email).	your booking with Pete via https://www.fietshuis.com/
Kids Racing	Specialising in children's cycling clothes, kids tri-suits, cycle shoes, triathlon wetsuits, cyclocross and winter clothing. <u>https://kidsracing.co.uk/</u>	5% discount (except Bikes/Framesets/Wetsuit Hire).	Please contact <u>benefits@southborough-</u> <u>wheelers.co.uk</u> for the code to apply at checkout
Rouleur Rouleur	Frequently described as 'the most beautiful cycling magazine in the world', Rouleur celebrates the passion and beauty of bike racing, both past and present. <u>https://www.rouleur.cc/</u>	10% on Rouleur magazine subscription and 20% on Rouleur Emporium purchases and Rouleur Classic event tickets	Contact <u>Miles Baker-Clarke</u> for codes to apply on checkout or to apply to renewal of an existing subscription.
The Velo Works	Equipped to tackle any modern maintenance task, The Velo Works is your modern bike servicing solution, created to remove the uncertainty and reduce the cost of getting your bike fixed. Powdermill Lane, High Brooms <u>https://www.theveloworks.co.uk/</u>	10% off servicing as well as savings on sourcing parts online. We will talk you through the work required and help you source the right parts at the best prices online. You can also have parts delivered straight to The Velo Works to make things simple for you.	Simply share your SDW Membership status when making your booking with Mike via <u>mike@theveloworks.co.uk</u>
Velocipede Cycles	Here at Velocipede Cycles, we have a genuine passion for cycling. All our team members are avid bike riders specialising in different areas of cycling, with many years' experience in the industry. We provide you	10% on parts and accessories including clothing and helmets	Show your SDW Membership card in store

VELOCIPEDE	with great quality bikes at affordable prices, excellent customer service and helpful, friendly advice. Camden Road, Tunbridge Wells <u>http://velocipedecycles.co.uk/</u>		
Wildside Cycles	Having been in the industry for over 35 years, we are experts in what we do from friendly sales and service to experienced mechanics and bike fitters. Our brands include Specialized Bikes, Bianchi Bikes, Cannondale Bikes, Colnago Bikes, De Rosa Bikes and Frog childrens' bikes. We also stock a wide range of clothing and accessories from brands such as Assos, Castelli, Mavic and Endura. Camden Road, Tunbridge Wells <u>https://www.wildsidecycles.co.uk/</u>	10% off all non-sale items	Show your SDW Membership card in store or come in wearing your SDW kit

Cycle Coaching and Training				
Cycle Coaching and TrainingPaul Butler Cycle CoachingCoachingPaul knows a thing or two about weight loss, training, racing and getting faster. His coaching includes, one to one coaching, training plans, strength training, core strength and flexibility training, nutritional advice for performance and/or weight loss, group turbo training sessions, advice on race tactics and skills such as cornering, sprinting, positioning in the race. Initial consultation is free of charge at a location to suit you.Hildenborough, Kent http://pbcyclecoaching.co.uk/		Simply share your SDW Membership status when making your booking with Paul by emailing paul@pbcyclecoaching.co.uk		

trainSharp	World Class Cycle Coaching Plans for Novice	10% off bike fits, testing and discounted	Simply share your SDW
VYCLE COACHING TEAM	or Elite managed by the Strongest and most able team around. Build your own program to suit your budget, your body, your talent and your lifestyle. Bespoke trainSharp packages are available from £120 per month upwards with all the bolt on extras you'll ever need. Shortgate, near Lewes <u>https://www.trainsharpcyclecoaching.co.uk/</u>	training plans	Membership status when making your booking by emailing <u>info@trainsharp.co.uk</u> or calling 01892 577802

Fitness			
Altitude Centre	THE UK'S NUMBER 1 ALTITUDE TRAINING SPECIALIST We are passionate about new technology and an innovator in the world of simulated altitude training for both acclimatisation, performance and rehabilitation purposes. Train in our studio or home in one of our fun HITT, Wattbike, Treadmill, Circuit or Yoga classes to suit all levels. London City and Online <u>https://www.altitudecentre.com/</u>	First class for free (online or in the London Altitude Chamber fitness studio)	Simply email Nick Hart via <u>city@altitudecentre.com</u>
Energie Fitness	A locally owned business providing first class gym facilities and classes conveniently located near High Brooms Station All our memberships provide access to the gym whenever it is open (6 am to 10 pm weekdays, 8 am to 6 pm weekends), as well as all our classes (we have some of the best spin instructors around!) and the extensive energie online offering providing a full program of live zoom classes as well as an extensive library of on demand videos, blogs, podcasts, recipes, lifestyle advice, nutrition, etc. The video content is even being transformed into a full 3-D experience using "Oculus Quest 2" headsets! High Brooms, Tunbridge Wells	SDW members are offered a rolling membership (cancel any time on 30 days notice) at the price of a 12 month contract, and without the usual £15 Joining Fee. So members would pay £23.99 a month instead of £26.99 - over a three month period, a 25% saving! Alternatively, the WOW membership - that gives preferential class booking, free PT sessions every three months and free access to 100 other energie Fitness gyms around the country - would be £27.99 a month instead of £30.99. Available to SDW members and any other household members joining at same time.	To take advantage of the joining offers, simply contact Ray and show evidence of your SDW Membership <u>TWManager@energiefitness.com</u> or call 01892 804007 Or to take advantage of the free trials, please register <u>here</u>
	https://www.energiefitness.com/	Also, an extended free trial offer so that people can attend three times in a 10 day period at no charge to check that they are happy with the gym before joining.	

MZ9 Fitness	MZ9 is the premier provider of Personal Training, Bootcamp classes, Group Training and Kids Rugby Coaching in South East area. You don't need to be super fit to come and join MZ9, we cater for all different fitness levels, ages and sizes. Each session will be tailored to YOUR unique circumstances so that every time you will leave feeling challenged and exhilarated! Kingdom, Penshurst <u>https://mz9sports.co.uk/</u>	One week bootcamp trial for free (normally £30)	Simply share your SDW Membership status when making your booking by emailing Miky at <u>mz9sports@mz9sports.com</u>
Spn Fitness	Give your body the workout it deserves with Soul. Power. Nutrition. Big city fitness and wellness online and in-studio including Indoor Cycling, Yoga, Barre and Pilates Tunbridge Wells and Sevenoaks <u>https://www.spn.fit/</u>	15% off a single credit or blocks of 5,10,or 20 credits to use at either the Tunbridge Wells or Sevenoaks studios.	Apply the code SDW15 at checkout. Classes can be booked by setting up an account via the Spn website or Spn app.
The Medical Massage Lady	As a sports therapist combined with her knowledge as a medical nurse who has worked in orthopaedics and seen the effect of many injuries, Sam Curtis is able to treat sports injuries as wells as help with general post ride and workout recovery and occupational muscle tension. 59 Grosvenor Rd, Tunbridge Wells <u>www.themedicalmassagelady.co.uk</u>	Sam is kindly offering all Wheelers £10 off any sports massage meaning the following prices apply: * Pre-event 15 min sports massage discounted to £20 * Maintenance post-event sports massages discounted to: - £25 for 30 mins - £45 for 45 mins - £55 for 60 mins - £80 for 90 mins	Simply let Sam know you are a member when making your booking and be prepared to share proof of membership (card or email)

The Wells Physio and	At The Wells Physiotherapy & Sports Clinic	SDW members have been offered a	Let the reception team know you
Sports Clinic	our team are on hand to offer a range of	discounted rate of £40 for initial	are a member when paying for
	services designed to help with a variety of	consultations and treatments. Applies to	your treatment and be prepared to
	conditions. Whether you have a neck or	self-pay (not insurance).	share proof of membership (card
	back injury or even if you have sustained an		or email). Mention Will Burke
The Wells Physio	injury through participating in sport, we're	Based in the new Southborough Hub.	(Director) if any issues.
The Wells Thysie	ready and waiting to help you on the road to		
	recovery. Physio Russell Shingles is also an -	https://www.wellsphysiotherapy.co.uk/	
	ex-international cyclist, using his knowledge		
	to help riders address cycling specific		
	injuries, aches and pains.		

Food and Drink			
Fine Grind Coffee at The Forum	Proper Coffee and Good Vibes. We are a small, independent, family-run business with a special DNA at the heart of what we do. We have locations in Tunbridge Wells to suit all tastes and serve only the very best in speciality single origin coffee. And we now offer an upgraded food menu to send your taste buds into overdrive. The Forum, Tunbridge Wells Common <u>https://finegrind.coffee/</u>	15% discount on all coffee and food (at the Forum site only) Note: to be reviewed at end of June 2021.	Simply show your SDW Membership card
Fuggles Bottle Shop	Home of the best independent beer, cider, wine and more	10% off in-store A the Cambden RoAd shop or online at <u>https://fugglesbottleshop.co.uk</u>	Contact <u>benefits@southborough-</u> <u>wheelers.co.uk for the code or</u> <u>search Fuggles in our private</u> <u>Facebook Group</u>

Penelope Speciality Coffee $e^{e^{c \cdot A_{i}}}$ P E N E L O P E $c_{o_{FF} \in E}$	Penelope is a local family run specialty coffee supplier of single origin coffee for both filter and espresso, consumer and wholesale. Working alongside coffee importers who support the coffee communities is important to us! We focus on fairtrade, fair wages for the farmers & pickers, health care support, education & sustainable environmentally friendly production. https://www.penelope.coffee/	10% off online with free P&P for orders over £20 at <u>https://www.penelope.coffee/</u>	Use the following code at checkout FP2ET5B
The Secret Cellar The Secret Cellar Independent Wine Merchants	The Secret Cellar is a family-owned business with four fantastic shops, a bar, two websites, and a growing wholesale business - all run by a dedicated and passionate team. We pride ourselves on offering a personalised customer experience and delivering interesting and quality wines across all price points.	10% off online or in store Church Rd., Tunbridge Wells <u>https://www.thesecretcellar.co.uk/</u>	Use the code SDW
TRIBE Nutrition	TRIBE provide natural performance nutrition with a social purpose. Their energy and recovery products aid everyday performance with great flavour using refined whole foods with natural and vegan options. From protein and energy bars to recovery shakes and everyday wholesome snacks. <u>https://wearetribe.co/</u>	35% off any TRIBE products from Energy bars, shakes and cereals to running and cycling clothing	Use the code southborough35 at checkout
	minimum requirements of £10mn third party li		
Laka	LAKA is a team that looks out for each other. Their collective cover is made especially for cyclists, for life on and off your bike. Laka's	30 Days Free Cover and £30 from every policy sold going to SDW club coffers to support member events and resources	Use the code SDW30 at checkout

laka	comprehensive bicycle covers you from theft, damage, loss and more. And yes, events races and sportive cover is included in every Laka policy. Whether you hit the deck in the mountains or your bike is stolen from the cafe, Laka will go the extra mile to get you back on your bike. Claims are handled by experts and usually agreed within a day. With no depreciation or excess. <u>https://laka.co/</u>	<b>Please note</b> that additional third-party liability insurance is required as part of SDW membership to meet the club's minimum £10mn liability requirements. See the following link for further info <u>https://www.southborough-</u> <u>wheelers.co.uk/membership</u>	
Yellow Jersey Yellow Jersey	Yellow Jersey offer three tiers of Bicycle Insurance to cover your equipment when riding, racing or training worldwide. From bicycle theft to crash damage, alongside numerous other benefits as standard, they will have you covered. <u>https://www.yellowjersey.co.uk/</u>	10% discount <b>Please note</b> that additional third-party liability insurance is required as part of SDW membership to meet the club's minimum £10mn liability requirements. See the following link for further info <u>https://www.southborough-</u> <u>wheelers.co.uk/membership</u>	Use the code SOUTHBOROUGHWHEELERS10 in the online checkout
Other Offers			
Big Bobble Hats Big Bobble Hats	From iconic cycling big bobble hats, to scarfs, socks and neck buffs. Check out the bright colours and cycling inspired designs online. Search "Hot Stuff" for our adopted SDW coloured hat	15% Discount	Use the code SOUTHBOROUGHDISTRICT15 at checkout
	https://www.bigbobblehats.co.uk/		